

Saying Sorry



Tips For Sharing a Social Story

- ⇒ To implement a social story, you should first ensure that you have eliminated distractions; that it is just you and the child sitting together focussed on the story.
- ⇒ Initially you should read the story through twice with the child but it is then vital to revisit it regularly. A common mistake I often see with social stories is it being read to a child just once or twice and the adult then questioning why it has not made a difference. The repetition of reading it over and over is what will really make a difference.
- ⇒ Try to find a way to incorporate the story into the child's daily schedule.
- ⇒ If the story is relating to a particular inappropriate behaviour, it is useful to read the story when this behaviour occurs, you do not however want the story to be seen as any kind of punishment.
- ⇒ Regularly praise your child and keep it a positive experience.

Sorry is a word you say when you feel bad for doing something wrong. It's a way to show you care and want to make things better.

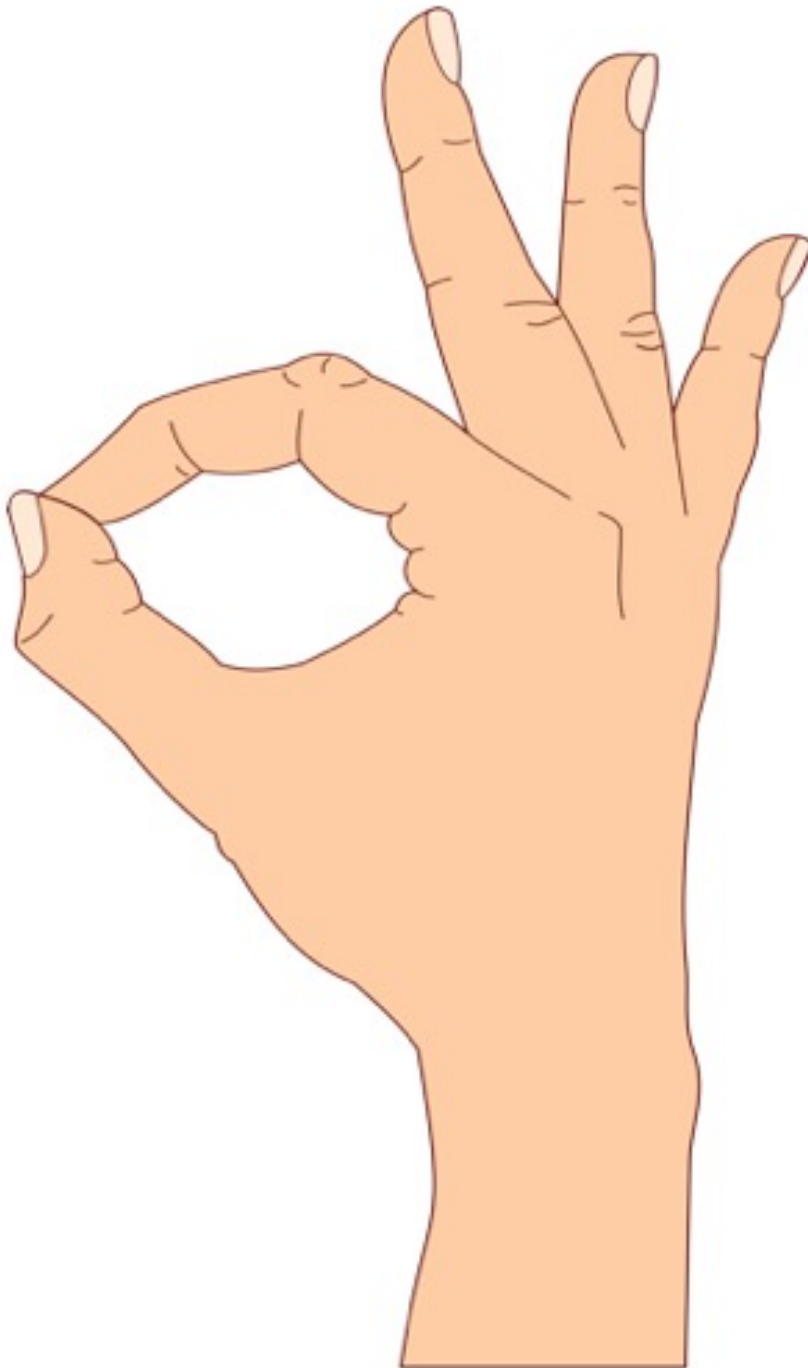


**I am
sorry**

Sometimes I make mistakes.



It is OK to make mistakes,
everyone makes mistakes
sometimes.



But when I make a mistake that upsets someone, it is important that I make things right by saying sorry.

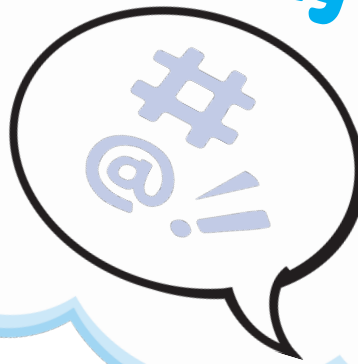


Some things I might need to say
sorry for are...

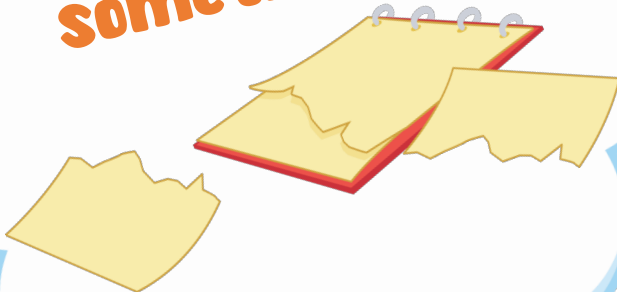
If I hurt someone



**If I say
something mean**



**If I break
something**



Sometimes me and my friends
argue or even fight.



I need to try to calm down and
not be angry anymore so that
then I can make up with my
friend.



If I hurt my friend physically or
if I hurt their feelings then I
need to say “sorry”.



My friend might need to say
sorry too and then we can shake
hands.



By saying sorry to my friend I
am admitting that I made a
mistake by hurting them and I am
showing them that I still want to
be their friend.



When I say sorry I am showing
respect and showing people that
I care.

